



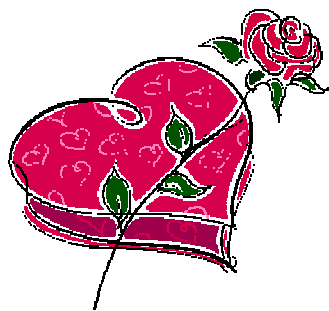
The Gardens Gazette

Volume 13 No. 2

February, 2011

Happy February at the Gardens at Columbine!

Winter is officially here! We experienced our first winter blast and shoveling opportunity, and can only hope that Mother Nature is gracious with us going forward.



Of course, with it being the month of Valentine's Day, at least our hearts are warmed in other ways. The friendship, support and love of family, friends and fellow residents can certainly make a huge difference in each of our lives. Just taking a moment to spend with each other over a meal, at an activity, during Happy Hour or around the fireplace can lift one's spirits. We so appreciated all who were able to come to the Meet and Greet!

To keep our hearts happy during this chilly month we will continue to stretch and flex and dance



(especially when nobody is watching!) To keep our hearts warm, we can all reflect on beautiful moments that we've shared, special memories yet to be created and dreams that can still come true. And we'll share Our Funny Valentine Stories—we all have some fun ones!

Soon the snow will melt, the Gardens will come into full bloom and we can all stroll the outside paths with Bogart. In the meantime, let's all help warm our neighbors' hearts with kind words and smiles. It's amazing how it all comes back around. Happy Valentine's Day!



A Note From Jeremy



Where's the snow?

As I write this, we have had about six inches of snowfall since the "season" started in October. Our Denver snowfall average from 1882 to 2010 has been 57.5 inches per "season" which begins in autumn and ends in spring. Although we have been enjoying comparatively warm, sunny, and dry weather, we need to be on the look out for the real winter yet to hit which we typically experience in March, the snowiest month of the year.

It won't be long until our gardens will begin to burst through the spring snow and bring color to our back yard. As we look forward to the blooms of spring and warmer days ahead, we are planting ideas for our first major celebration of 2011. So keep an eye out for the next major event in March.

The Gardens at Columbine has a rich heritage of dedicated leadership and a strong reputation for extraordinary care. We have created a genuinely warm and hospitable atmosphere for our residents and their families. With our roots in such fertile soil, we have many reasons to celebrate our growth. In March 2011, we're going to celebrate the beginning of a new decade for the Gardens at Columbine.

Soon we will be celebrating a fantastic team of directors, caring staff, and the precious residents that we serve. Our next big bash will be in March. Watch for some interesting clues!

Yours truly, **Jeremy**

Hearing Made Easy



Did you know about the free hearing services we offer every month? Once a month Pat Davis BC-HIS is here and available to check and clean your current hearing aids and their batteries, check your ears for wax buildup, change out tubes, perform hearing screenings and make suggestions. With 29 years of experience and the convenience of never having to leave home to take care of your ears, it's a wonderful service. His next visit will be Tuesday, February 22 from 9-11:30am. Please sign up for an appointment at the Receptionist Desk. If you need to see him sooner, call 720-785-0393 for in-home service.



Who will be your next Valentine King and Queen?

Vote for your favorite resident Valentine King and Queen by February 3rd. Ballots can be dropped off at the front reception desk. "Royalty" will be crowned at the Valentine Party on Feb. 11th. We look forward to seeing you there!



Super Sunday

February 6th—Kick-off at 4:30pm



Come cheer for the Pittsburgh Steelers or the Green Bay Packers. We will have snacks and the game on in the Fireside Room. Go Team!!!!



Look, Folks—no more cone!

Meet and Greet from Jan. 22



Featured Resident of the Month

We are excited to bring back our Featured Resident of the Month for the Newsletter. Next Month we will be featuring one of our residents who has been here for five years or more. If anybody would like to recommend one of their neighbors or friends or even themselves, we would love to learn more about them and share it in the newsletter! Just bring your suggestions to Heidi.

Staff Updates

New Staff - Welcome!

Carole Fagrelus - Server

Dan Fairbairn - Caregiver

Heidi Marino - Life Enrichment Director

New Activities to Look for:

Fun with Trivia



Humorous Story Reading

Saturday Matinees



Pictionary



Word Fortune Game

Chef Chris' Corner



More Shopping Outings!

Get Ready for the First Annual "Hot Wheels" Parade!

Let Your Creative Side Flow!
Dress up your walker, wheelchair or
cane and show off your
wheels! We would like
those without something to
decorate to assist with the
judging.



Entries will be judged for
Most Creative, Most Elaborate,
Funniest and Best Overall.

Decorating help available Feb. 22nd
at 10:30am

Parade: Feb. 23rd at 3:00pm

They're not just for cruising
anymore





February Birthdays

Florence Reed	February 4
Edith Norden	February 10
Lorraine Larance	February 10
Doris Axelson	February 18
Wanda Beamon	February 20
Jim LaPoinse	February 25
Claire Perkins	February 25
Ike Fiskus	February 27

Hello from Heidi!

First off, thank you all for such a warm welcome as we jump into new activities together! It's such a joy to join Dolores and Millie in this fabulous community with such wonderful residents as your Life Enrichment Director..

After spending the first seven weeks of my life in Germany, my childhood and college years were spent in Oregon. Upon graduation, I left the rain and came to Denver to be a restaurant manager at the Old Spaghetti Factory. My degree had been in Hotel, Restaurant and Tourism Management, and my career path led me into hotel sales, catering, and event planning. Having earned my CMP (Certified Meeting Professional), my next step was handling all the conventions, meetings and events for RE/MAX International (up to 10,000 people for a week full of classes, fun events, banquets and activities). I continued to plan events at The Wildlife Experience Museum and Sanctuary Golf Course.

Through it all, though, something was missing. Volunteering for Bessie's Hope (formerly Rainbow Bridge) brought me great joy, along with working for the Seniors' Resource Center. My passion for working with seniors took me to Vi at Highlands Ranch (formerly Classic Residence by Hyatt) in the positions of Sales Administrator and Assistant Lifestyles Coordinator in Assisted Living, Skilled Nursing and Memory Support. This is such a fulfilling and fantastic opportunity for me, and my goal is to bring smiles, enrichment and fun to the lives of all our residents.

Other smiles in my life come from my crazy home that consists of my husband Rick, my 16 year old son Dylan (almost driving!), Rick's parents Eva and Eusty, two cats, and our golden retriever, Brody. My interests include music of all sorts, skiing, wine-tasting, writing poetry and enjoying a good laugh.

I look forward to getting to know all of you better and all of us having a great time together!

*We're ready for fun and a smile or two
As we spread our wings in the new things we do.*

*New outings and games that are sure to enhance
If only, dear friend, you will give them a chance.*

*Suggestions? I'm open—these all are for you
My goals is for happiness when we are through!*

Employee of the Month

Jim Heath

Congratulations to Jim Heath, February's Employee of the Month. Jim has been a hard-working caregiver at The Gardens since 2007. His peers enjoy working with him because everything runs more smoothly when he's around. He graciously assists other caregivers and is respectful to residents. Residents feel he gives sound advice, is always helpful in serving in the dining room, is pleasant, and conscientious. Great job, Jim!



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